

BRAIN INJURY ASSOCIATION OF MONTANA

PREVENTION · EDUCATION · ADVOCACY
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www.biamt.org

January 27, 2009

DATE 504 27,09

Madame Chair and Members of the Committee,

My name is Kristen Morgan and I am the program director of the Brain Injury Association of Montana. I have been Montana's resource facilitator for 3 ½ years and I would like to share three examples of why Resource Facilitation is important.

The first is of a woman from Billings. She is a survivor of domestic violence and has had three concussions. I assisted her by teaching her about brain injury, helped her get answers to her questions, and develop a support system in her area. She reports a huge improvement in mood and quality of life. She now understands that brain injury is cumulative, and has taken precautions in her home and is reducing the risk of more concussions.

The second is about a father of a University of Montana student. He didn't understand what was happening to his son who was having difficulties in school following a car accident. I was able to educate the family and also work with the son as he continued his educational goals. His son has identified where he needs additional help and is now using the disability services program at the University to get the accommodations—such as having a note taker in class and having more time to complete exams.

The third is of a 16 year-old young man who was enrolled in resource facilitation in March of 2007. During the 6 month scheduled call with his mom, she said: "my son is one of the lucky ones; he is doing fine." Last week I received a call from this mother. At almost two years post injury everything isn't fine. She is concerned because her son isn't the same person he was before his injury. I am helping both the mom and her son understand brain injury while they assess the full impact of a sports concussion.

I believe that the next time I talk to you I will be able to share a story about how resource facilitation helped a soldier who returned from the Middle East. That's because I have been working with the National Guard, and information about RFS will be included in the post deployment packets for troops coming home in April.

And finally, I want to thank you for your support and for letting me continue to do this job that I love and that I know helps survivors stay in school and in jobs, and helps families stay together.

^{*} The Brain Injury Association of Montana is the only organization in the state that is dedicated solely to the purpose of assisting persons with brain injury and their families. The Brain Injury Association of Montana is dedicated to providing education, support, advocacy, resources and referrals for individuals with brain injuries and their families but does not provide medical diagnosis or advice.

Brain Injury Association of Montana

Founded in 1987

Mission Statement

To create a better future through brain injury prevention, research, education and advocacy.

Visio

A world where all preventable brain injuries are prevented, all unpreventable brain injuries are minimized, and all individuals who have experienced brain injury maximize their quality of life.

Services provided by BIAMT include:

- Brain Injury Support Groups
- Annual Brain Injury Conference
 - Newsletter
- Resource Facilitation Service
- Community Outreach for increased brain injury awareness

Brain Injury Association of Montana

1280 South 3rd Street West, #4
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800-241-6442 or 406-541-6442

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Resource Facilitation Service



The Brain Injury Association of Montana

What is the Resource Facilitation Service?

The Resource Facilitation Service (RFS) is a **FREE** 24 month telephone-based follow-up system of care provided by the Brain Injury Association of Montana.

The service is:

- Individualized
- Accessible
- Holistic
- Participant Driven
- Effective and Valued
- Creative and Flexible

Who can participate in the Resource Facilitation Service?

All Montanans living with brain injury and their families.

How can you participate in the Resource Facilitation Service?

 Sign the Authorization to Participate Form through your hospital Emergency Room, Rehabilitation or Discharge Nurse. BIAMT will contact you.

S R Contact BIAMT
 and ask to speak with
 a Resource Facilitator

(1-800-241-6442) www.biamt.org



Brain Injury Association of Montana 800-241-6442 406-541-6442

What does Resource Facilitation provide?

Assessment – identifying the current needs and resources of the individual and his/her family.

Planning – goals and information, service and support needs.

Identification - of necessary information, services and supports.

Negotiation – facilitate access to services, supports and resources.

Monitoring – proactively assess the quality and appropriateness of the services, supports and resources used.

Reassessment – continual review and revision of each component of the process.

Outreach – identify new resources and supports on a continual basis.

Education and Training – increase brain injury awareness.

Emotional Support – proactively listening to participants' needs.

Advocacy – help participants articulate to others how barriers impact their lives and to assert their rights on their own.